COVID-19 SELF-ASSESSMENT

DO YOU CURRENTLY HAVE ANY OF THE EMERGENCY WARNING SIGNS?
- Extreme difficulty breathing or shortness of breath
- Signs of low oxygen (e.g. abnormally bluish, gray or white lips or face)
- Severe pain or pressure in the chest
- Signs of low blood pressure (e.g. too weak to stand, severe lightheadedness or dizziness)

HAVE YOU BEEN EXPOSED TO COVID-19?
- Been in close contact of someone who has tested positive for COVID-19 within the last 14 days

ARE YOU EXPERIENCING COVID-19 SYMPTOMS?
- Fever (temperature equal to or greater than 100.4)
- Recent decrease or loss in sense of smell or taste
- Chills (uncontrollable body shaking)
- Cough that is new or worsening

ARE YOU EXPERIENCING VIRAL SYMPTOMS?
- New muscle aches not related to another medical condition, specific activity or other known cause (e.g. due to physical exercise)
- Sore throat not related to another medical condition or known cause (e.g. allergies)
- New onset of vomiting or diarrhea not related to another medical condition or known cause
- New onset of severe fatigue not related to another medical condition or known cause

If you have no exposure and no symptoms, you may come to campus. Be sure to wear a face covering when in public, practice social distancing and practice good hygiene.